



beauty form function

DENTAL SEDATION CONSENT

Dear «patient.title» «patient.firstname» «patient.lastname»

Intravenous dental sedation involves the injection of a sedative drug into the blood system. It helps to relax very nervous patients to allow dental treatment to be carried out.

What Effect Does it Have?

The sedative used produces a very strong sensation of deep relaxation and well-being. Most patients experience full or partial memory loss of the dental treatment. Even the most highly anxious patients can be treated successfully.

How is it Given?

The drug is given by a small injection to the back of the hand or arm, and this is usually quite painless.

Who is sedation suitable for?

It is suitable for very nervous patients, especially those who have extensive treatment to be carried out.

Who is sedation not suitable for?

- Intravenous Drug Users
- Alcoholics
- People with unstable heart conditions
- Pregnant Women
- Children under 14yrs
- Very overweight people

Is it safe?

Yes, dental sedation is a much safer alternative to a General Anaesthetic. General Anaesthetics are no longer offered for routine dental treatment.

Assessment Visit

- You will be asked to attend the practice for an assessment for dental sedation.
- At this visit, it is important to inform your dentist of any changes to your medical history or prescribed medication.
- You will have your blood pressure checked.



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- Your treatment will be explained to you.
- You will be asked to sign a consent form.
- You will be asked who you intend to ask to be your escort. This must be a responsible adult can come to the sedation appointment with you, and who can take you home and care for you overnight.

Before your sedation appointment

- Continue to take any prescribed medication as normal.
- Do not drink any alcohol or take any recreational drugs for at least 48 hours beforehand.
- Eat a light meal as normal.
- Make any necessary childcare arrangements.
- At your dental sedation appointment
- It is important that your escort arrives at the appointment with you. We cannot to start treatment unless your escort is with you
- Your blood pressure will be checked again.
- You will be asked to wear a small clip on your finger. This is to check your heart beat and breathing.
- The sedative drug which you will be given is called midazolam. It will quickly make you feel very relaxed.
- It is a very safe procedure.
- The drug will be given to you by a small injection in the back of your hand or arm.
- You will still be awake during the procedure and you will be able to talk to your dentist and dental nurse.
- However, afterwards you will not be able to remember anything about the dental treatment.
- You can expect the treatment to take around 1 hour
- The dentist who will carry out the treatment will be your normal dentist unless otherwise stated.

After the dental sedation appointment

- Your escort should arrange to take you home immediately by car or taxi and not by public transport or walking.
- You should rest at home for the remainder of the day.
- You must not attempt to do any of the following for at least 24 hours:
 - ✗ drive or ride a bicycle
 - ✗ cook (including handling boiling kettles)
 - ✗ be responsible for children
 - ✗ drink alcohol or take recreational drugs.
- You should take any prescribed medication as usual.



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PATIENT CONSENT:

I and my escort have read and understand the pre-sedation and post sedation instructions and we agree to abide by them.

I confirm my escort is a responsible adult, who will take me home and look after me for 8-10 hours.

I have been informed of the risks of the treatment proposed and other options that are available.

I understand what intravenous sedation is and I consent to intravenous sedation.

I agree to the treatment plan proposed and request that it be performed under sedation.

I agree to the charges as set out in the estimate provided.

I understand that the procedure may not be done by the dentist who has been treating me so far.

I confirm that I have provided you with the most up to date medical history.

I certify that I am generally fit and healthy and there has been no change to my medical history.

I have not taken any alcohol or any illegal substances in the last 24 hours.

I understand that any procedure in addition to what is proposed will only be carried out if it is necessary and in my best interests and can be justified for dental reasons.

Date:

Dentist: «doctor.title» «doctor.firstname»

Patient:«patient.firstname» «patient.lastname» **Patient Signature:** _____